



mean that we should accept an abusive situation where a vulnerable person is harmed.) Patience is needed in many situations that are part of life: misunderstood motives, slights and insults, backbiting and gossip. It is natural to want to hit back. We pray for the Spirit of Wisdom to us when to speak and when to keep silent.

There will always be conflict in human relationships and trying to change the other person is the wrong tack.

Try to understand the other. Where are they coming from? What is their reality? What is their perspective and what happened to them to make them see life like that? Why do they do what they do and/or say what they say?

It may come from their own wounds. What they say or do, which offends me, may not be about me at all.

Concert/Workshop: The University of Notre Dame Folk Choir with Director Steven Warner will give a concert/workshop at the Honan Chapel, UCC from 12:30pm - 2:00pm on Thurs 26 May. Renowned for its vocal harmonies and their Director for his many compositions of liturgical music including "Set your hearts on the higher gifts", "Lead Kindly Light" and many more. Every participant will receive a music book – so a donation is kindly requested. To book contact Pastoral Development Office 0214537601 or email ka-ren.kent@corkandross.org

Bus to Knock All Ireland Rosary Rally: Saturday 4th June Bus leaves from Patrick's Quay, Cork @ 7am
€20 Day Return, Tel Denise @ 086 0502727

Polish/Irish Dawn Mass On Sun 22 May 22@ 6am: celebrating the life of Pope John Paul II, Mass celebrated in the open air in the amenity park at Blackpool Retail Park (next to the Reel Cinema) Bishop John Buckley will be the main celebrant of the Mass along with Polish and Irish Priests and Choirs. The Mass will be in celebration of the birthday of Pope John Paul II and will also encourage strong relationships between the two communities.

Cork Marriage Counselling Centre: Are you struggling in your marriage or family relationship? Why not talk to us to assess if couples or individual counselling might help. Contact us at 021 4275678 to arrange a low-cost preliminary professional consultation. It might break the ice and get you talking about what matters – your relationship.

SMA Novena in honour of Our Lady of Knock begins **Fri 20 May 2016 @ 7.30pm** (except **Sat. 21 May @ 7pm**) at SMA Church, Blackrock Road, and will close with the Pilgrimage to **Knock Shrine on Sat 28 May**. contact: SMA Blackrock Road at 021-4292871 or SMA Wilton at 021-4541069.

Talk on Little Nellie of Holy God (As heard on 103fm) by John O'Donovan in the Parish Centre, St Columba's, Douglas **8pm Fri 20 May**. All welcome

Carrig Glass & Glazing: For glass & frame repairs, glass upgrades, replacement of frames, locks and all fittings. Tel Kevin Lynch 086 8240900

PVC Doors & Windows Repaired: Tel Frank 087 2297706.

Is Your Boiler Running Efficiently? Oil boiler servicing and repairs. All makes and models. Tel 087 6334113.

Carrigaline Chimney Sweep: Chimneys, stoves and fireback replacement Tel Liam 085 7203893

Garden & House Maintenance: Patios, cutting, power-hose, garden sheds, trees, cleaning etc. Tel 087 2704425

For Sale: 4 double glazed UPVC aluminum windows. (Two are Bay windows) also 3 seater settee. Tel 087 9601981

For Sale: Electric Wheelchair. Only 6 months old €1200. Tel 087 2142256

Cat Care Month: For the rest of May we are offering 15% off everything for caring for your cats! Neutering, vaccinations, flea and parasite control, microchipping Tel to book 021 4376956

Summer Beauty Offer!: Organic spray tan €25. Tel Ruth 086 8948855 Mobile service available.

House Cleaner Available: Hover, dust, window cleaning, ironing, I have a car. I live in Carrigaline. Tel 085 7835053.

Singing Lessons for 7 up to retirement age: New, unconfident or experienced singers of all ages can learn how to get the most out of their voice, develop range, breath control, tonal quality, or simply boost their confidence. Opera (German, Italian, French) and musical theatre or pop. Singing for pleasure or to prepare for performances and examinations. Registered with RIAM, ABRSM and Trinity/Guildhall. Tel Dr. Liz Scott Hall LTCL MA (Dist) Performing Arts. Tel 021 4852952 or email: esh@music-is-fun.co.uk

God is delighted with you. That is what we are celebrating today, on Trinity Sunday.

The Trinity or any other name we have for God tells us that God lives in love. If there is one thing the all powerful God cannot do is not to love! No matter what we do! The first reading this Sunday is Wisdom speaking as God's self, God's intimate companion enjoying his creation and delighting in us, 'the children of men and women'. That means that God is delighted with you.

The Trinity is so intimate with us that we don't notice, like the blood flow that keeps us alive.

When we pray the Our Father we pray for what Jesus wants. We are joined to him in his prayer. We ask for; *daily bread, forgiveness, 'lead us not into temptation but deliver us from evil'*. It is the Spirit who forgives our sins, enables us to forgive others, strengthens us in temptation and helps us overcome evil.

True religion is not trying to make us spiritual but to make us human. We are already spiritual beings, made to share in the life of God. Pope Francis in his reflection on the family urges us, in practical ways, to imitate Jesus' loving humanity.

Amoris Laetitia– Pope Francis
"Love bears all things"
"People joined by love speak well of each other; they try to show the other's good side, not their weakness and faults. They keep silent rather than speak ill of them.

Far from not seeing the problems and weaknesses of others, it recognises that these failings are a part of a bigger picture. We are all a complex mixture of light and shadows.

The other person is much more than the things that annoy me. Love does not have to be perfect for us to value it. The other

person loves me with all their limits, but the fact that love is imperfect does not mean that

it's untrue or unreal. It is real, though limited and earthly. Another person can't serve all my needs. Love coexists with imperfection. It "bears all things" and can hold its peace before the limitations of the loved one."

Jubilee: Spiritual Works of Mercy
"bear wrongs patiently"
To bear wrongs patiently is a tall order. (Clearly, it doesn't

Society of St. Vincent de Paul, Carrigaline 4270444 for confidential support

Ads in box at back of church by 10am **Thursday, a week** in advance of publication. Only Notices/Ads signed and with name and address accepted and printed, as space allows.

Church Notices

Mass Times

Saturday Vigil Mass: 6 pm

Sunday Masses:

8.30am, 10am, 11.15am & 12.30pm

Daily Mass

Monday- Friday 9.30am

Saturdays: 21, 28 May

First Communion @ 10.30 am

Daily Mass on Radio 106.5fm

(Sun 11.15 Mon- Fri 9.30 ~~Sat 11.30~~ not this Sat)

First Fridays 9.30am & 7.30pm

Holy Days of Obligation

7.30pm (Vigil Mass) ,

10am, 11.30am, 7.30pm.

Confessions:

Saturdays: 12noon

Baptisms: Saturdays:

12.30pm, 4pm & 5pm

(3 weeks notice required)

How to book

Adoration of Blessed Sacrament

Sundays 2pm - 6pm

Mondays & 1st Fridays: Holy Hour of Adoration after 9.30am Mass.

Tuesday to Friday:

Rosary after 9.30am Mass.

Legion of Mary:

Parish Centre Tuesdays 7pm

Lectio Divina

Thursdays, 10.15am, Parish Centre.

Reading & Meditation on next Sunday's

Gospel. All welcome

We welcome Eugene Smyth, from the Volunteer Mission Movement (VMM) to speak at all the Masses about the work of the VMM worldwide, in areas of need in Africa, Asia and Latin America with more than 50 volunteers in 10 countries on a variety of missionary and development programmes.

To help the missionary work of VMM an exit door collection will take place at the masses.

If you need a Priest in an

Emergency, please phone the Priest on duty at **087 2302108**

Priests

Fr. Pat Fogarty **Tel 4371684**

Fr. Charles Nyhan **Tel 4371860**

Fr. Aidan Cremen **Tel 4372229**

Parish Centre: Tel 4371109

Email: carrigparishcentre@eircom.net

Office Hours: Mon-Fri. **10am -1pm.**

Presentation Sisters **Tel 4372718**

Booking Baptisms, Masses and Marriages

A priest is available in the Church Sacristy, **7pm - 8pm,** on **Mondays,** (not Bank Hols), to accommodate booking Marriages, Masses and Baptisms. The child's birth certificate is needed when booking a Baptism. 3 weeks notice is required in advance of the date of Baptism. Any further queries about your baby's baptismal ceremony to **4372718**



Hispanic Festival in Aid of the Victims of the Earthquake in Manta, Ecuador @ 7.30pm
Sat 21 May in Aula Maxima UCC.
Invited Artists from Ecuador, Bolivia,

Brazil, Spain, Mexico & Ireland.

Tickets €20 available from the Parish Office in Togh Mon - Fri from 10am to 12noon and will also be available at the door on the night.



Baptism

We welcome to our Christian family

Rex Joseph Thompson
Rafferty Dylan Thompson
Elizabeth Carmel Downey
Sophia Quentin

Please pray for

Maureen O'Sullivan
Seaview
Eileen Canning
Waterpark
*Leaba i measc na
naomh go raibh acu!*



First Holy Communion

Sat 21 May Gael Scoil

Charraig Uí Leighin

Sat 28 May Scoil Mhuire Lourdes
Both @ 10.30am

No 11.30 Mass Saturdays of May

CORPUS CHRISTI PROCESSION

after the 12.30pm Mass on Sun 29 May. The Procession will begin at the church after 12.30pm Mass and walk prayerfully to the Youth Centre, Church Road, where Benediction will be celebrated.



The children who received their First Holy Communion on each of the Saturdays in May are particularly welcome to attend the Mass and join in the procession.

We will walk in the presence of Jesus in the Blessed Sacrament and call on him to heal our brokenness like the people who lined the roadside to get a glimpse of him in Galilee. We ask his healing touch for our sick who are not able to walk with us and for our young people whose hopes and dreams are close to our hearts.



Four Score and Ten! Sr Ambrose got a great welcome in the Parish Centre on Thursday to celebrate her 90th birthday with the "*Lectio Divina*" group.