

Notices

Lourdes pilgrimage Young Adult Helpers:

The diocese of Cork and Ross invites young adults (18- 25 year olds) to come to Lourdes from 10th 15th of June. As helpers you will assist and be involved in the full pilgrimage programme. For further details contact Fr. Charlie Kiely 021 4537603 Pastoral Development Office or email charliekiely@gmail.com.

THE ANCHORAGE INSTITUTE:

SOUL ENRICHMENT COURSE 2019— Learning to listen with the heart (OVER 5 SATURDAYS March -July 10AM-4PM)in Northridge House Education and Research Centre, St. Luke's Home, Castle Road, Mahon. Booking essential at 087 167 9586. Cost of day 45 euro.

Vocations weekend.

"Lord ,show me your way, that I may walk in your truth"

The community of Glencairn Abbey Lismore are hosting a vocations weekend for women from the 15th -17th March. Glencairn Abbey is home to the Cistercian Order. If you would like to find out further information please contact Sr Sarah at 058 56168 or vocations@glencairnabbey.org

Lenten Weekend at Ennismore

Bishop Brendan ComiskeyLenten Weekend Friday 8th - Sunday 10th March Residential €175 / Non- Residential €100 For those who wish to join us for Saturday only please arrive from 9:45am (Lunch is included) Time 9:45am-6pm Cost €60 Booking is Essential Phone 021-4502520Email info@ennismore.ie

Lenten Series for 2019: 5 Tuesdays @8pm

The Crypt, Dennehy's Cross Church, Cork Tues19 Mar @ 8pm (Fr. Diarmuid Ó Murchú: "Keeping Hope Alive in our Troubled Times") Tues 26 Mar @8pm (Rosalie Moloney: "God saw that it was good": Genesis and Tomorrow's World.") Tues 2 Apr@8pm (Sr. Nellie McLoughlin RSM *The Wonder of Creation: The Miracle of Life*) Tues 9 Apr@ 8pm (Tom Kelly: "Night train - the extraordinary world of bird migration") Talk 45 minutes, + questions, answers and chat over a cup of Fairtrade tea or coffee.

Exciting Courses for Mature Adults

Art, Drama, Horticulture and much more. Open to everyone, Coláiste Stiofán Naofa, CSN, Tramore Road, Cork Phone 0214961020 Email info@csn.ie Website csn.ie

Host families Required In the Carrigaline Area to Host Junior Students (12-17 yrs.) for the Month of July. 2-3 students per house. Excellent rates and support structures available. For more information contact us 0214551522 or email: accommodation@corkenglishcollege.ie

Lost: Bracelet on Fri 22nd Feb (Oscars night) between CC Hotel and the Church 086 3558186

Carrigaline Men's Shed Variety Concert: Sunday 24th March at 7.30pm in Carrigaline Ct Hotel. Admission €10 Tickets available at the Hotel or from Shed members, and on sale in Supervalu Shopping Centre, Fri 8 & Sat 9 Mar.

Host Families Required: For group of Spanish students from Wed 4 Sept to Sun 15 September. Phone Tom on 0877440729

Coláiste Íde, Dingle, (The only All Irish Boarding School for Girls in the country) Open day March 9th 2019 from 13.00-16.00pm.

Staff Wanted at Lennox's Chipper: Full time and part time hours. Delivery driver position also available. Experience preferable but not essential. Please apply with your CV to lennoxcarrigaline@gmail.com

Room to Rent in Carrigaline: Suitable for male. Close to all amenities. Tel 087 9506313

Counselling Available: By a fully qualified and experienced psychotherapist in a safe and supportive environment. Tel Mary 089 4293084

Female Carer Available: Fetac 5. References available. Tel Dolores 087 7994098

Carrigaline Musical Society Table Quiz in GAA: Sat 30th March at 7.30. Tables of 4 €40

Carrigaline Chimney Sweep; Chimneys and stoves and fire-back replacement Tel Liam 085 7203893



Parish of Our Lady & St. John Carrigaline News Letter

Sunday 10 March 2019

My change.

Lent is a special time of year, where we consider our lives and our faith. This Lent, is there is a change you are considering making—whether that's giving something up or doing something positive that you would like to do more in your life.

If you are not sure whether or not you would like to make a change this Lent, think about whether there is anything you would like to change in your life at this moment. Is there anything you would like to give up, something that is harming you or others, or just something you could do without—unhealthy foods, too much television etc.

Maybe there is something that you would like more of in your life such as prayer, more family time or maybe simply taking a few minutes in the evening to write down what you are grateful for. Lent is a time of change.

On the next page there is a Change Chart where you can write down how you are doing each day, or just tick off that you are maintaining the change in your life. On Easter Sunday you will have written proof that you have made that change in your life, over Lent . You can put it on your wall, if you like.

Is there anything you'd like to change in your life?

(PS: if you miss a day, just try again the next day)

What change will you make this Lent?

1st Sunday of Lent



1st Sunday in Lent (C)

Readings:Dueteronomy 26:4-10, Psalm 91, Romans 10:8-13, Luke 4:1-13



How to make a Holy Hour

Any one of us who is not used to spending regular quiet time in prayer might be afraid of making a holy hour because we do not know what to do during that hour.



Fr Louis Hughes is coming to help us. He will celebrate the **12.30 Mass** on this first Sunday of Lent, 10 March. At **3pm** he will guide us in a Holy hour, a good way to begin Lent.



St. Vincent de Paul, Carrigaline - for confidential support Call 4270444

